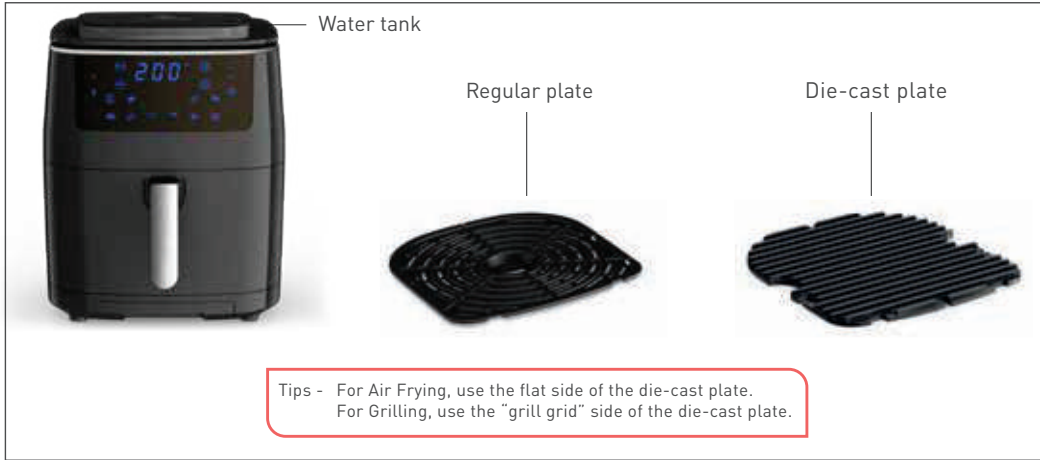


# EASY FRY GRILL & STEAM

FIRST 3-IN-1 HEALTHY AIR FRYER  
AIR FRY, GRILL & STEAM BY TEFAL



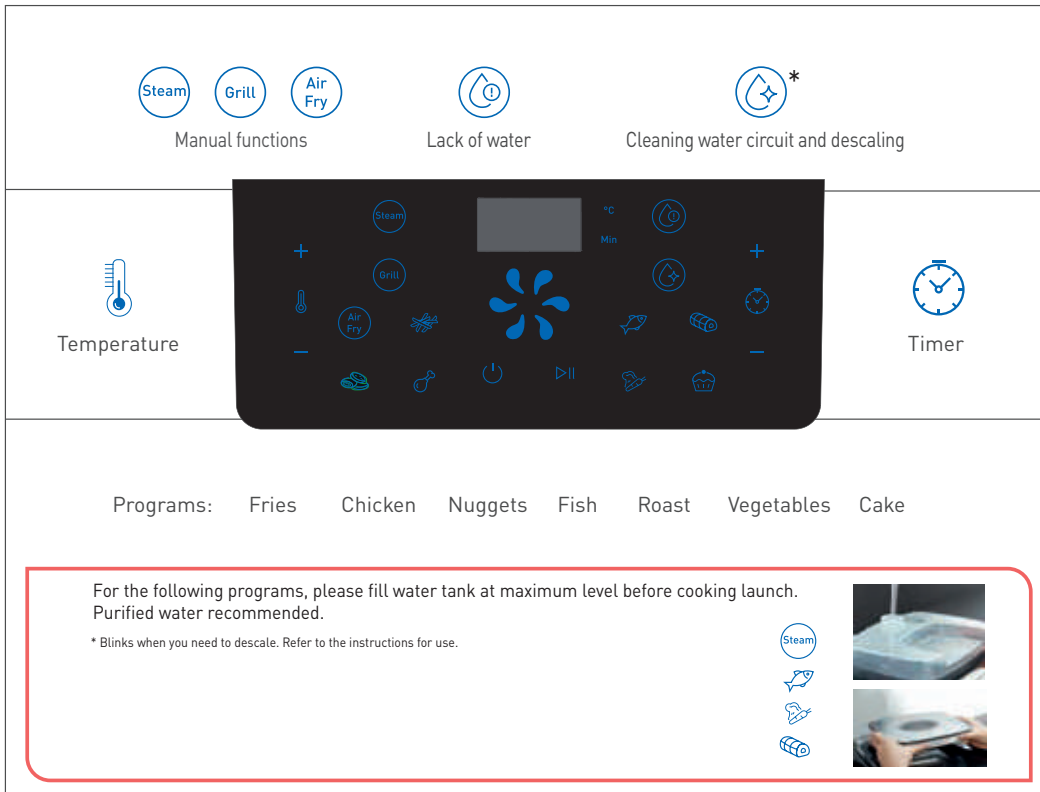
## Product & Accessories



## First use, Grill function



## Digital touchscreen



\* Grill Blinks during preheating

Tip 1 - Always preheat the grilling plate at 200°C for 15 minutes for optimal results

Tip 2 - Turn the meat halfway through cooking for optimal marking



Recipes available online or scan QR code

AIR FRY					
		1200 g	30 - 35 min	200°C	
		1200 g	30 - 35 min	200°C	
		800 g	15 - 18 min	200°C	
		1400 - 1600 g	60 min	200°C	
		800 g	15 - 18 min	200°C	
		400 g	13 - 15 min	200°C	
		600 g	15 - 17 min	180°C	
	8 pcs	15 - 18 min	180°C		

STEAM					
		1000 g	20 - 25 min	100°C	
		800 g	20 - 25 min	100°C	
	1000 g	20 - 25 min	100°C		

AIR FRY + STEAM					
		800 g	3 min steam 8 min air fry	100°C steam 160°C air fry	
	1 kg	30 min air fry 15 min steam	200°C air fry 100°C steam		

STEP 1		STEP 2					
GRILL							
			250 g	4 - 6 min	200°C		
			300 g	10 min	200°C		
	=		400 g	10 - 12 min	200°C		
		200 g	3 - 5 min	170°C			
15 min 200°C							