

Tefal

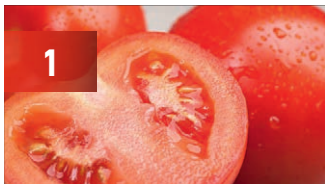


5 SEC RECIPE IDEAS





Wild berry smoothie





Guacamole



400g



2



1tbsp



1tbsp



4



1tbsp





Tzatziki



2tbsp



1/2



1



1



Veggie salad





Quinoa Salad





Pesto alla Genovese



100g



50g



100ml





Walnut Pesto





Tomato sauce





Cheesecake

Tefal®

Happy cooking

... And bon appetit!